

# Choc Chia Smoothie

## INGREDIENTS

150g chopped frozen banana  
50g baby spinach  
1 tsp cacao powder  
2 tsp chia seeds  
15g goji berries  
30g chocolate protein powder  
300ml unsweetened almond milk  
1/2 cup ice

## METHOD

Add all ingredients into a high speed blender and blend until smooth.

Serve immediately.

